

# COVID 19 UPDATE

from Chief & Council  
And Pandemic Committee



## Directives

- **TRAVEL BETWEEN REGIONS STILL NOT RECOMMENDED**
- **Curfew Between 9:30 p.m. and 5 a.m.**
- **ALTCC :** One Visitor per Resident  
from 1:00pm to 4:00pm, Monday to Friday.

The TFN Band Office remains open daily with 50% staff capacity.  
We are not accepting any walk-ins, however phones will be answered.

- **Community Outdoor activities permitted**, limited to a group of 8 people
- **Community Outdoor ceremonies permitted**, limited to a group of 25
- **Community Indoor activities still limited\***, emphasis on virtual activities  
(online exercise and painting classes, etc.)

\*The number of people present is determined by the site managers based on the capacity of the facility (**Kiwetin Gym 15 people**) and allowing for physical distancing measures to be strictly applied and contact between people to be avoided.

- **Visitors permitted: YOUR IMMEDIATE FAMILY BUBBLE**  
(1 Household to 1 Household)

### **Other accepted visitors :**

- A caregiver (with appropriate PPE)
- People providing service or support (with appropriate PPE)
- Labor for planned work (with appropriate PPE)

# INFORMATION

## COVID-19 CORONAVIRUS

### Ontario

As of February 24, there are a total of 296,173 confirmed cases, 279,230 resolved cases, 6,893 deaths, and 675 hospitalizations (with 287 in ICU) due to COVID-19 in Ontario reported ( 21,807 deaths in Canada so far)

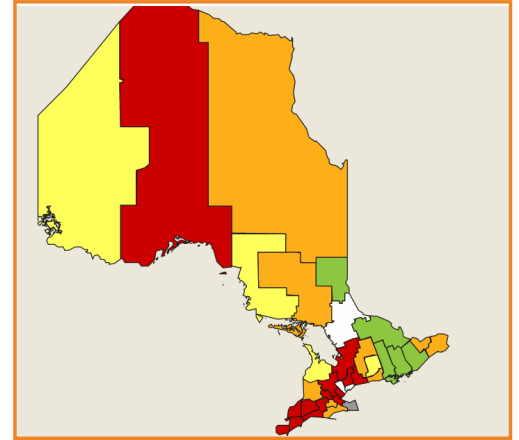
Compared to the previous day, this represents:

- An increase of 1,054 confirmed cases
- An increase of 9 deaths
- An increase of 1,291 resolved cases

The cumulative case count associated with long term care home residents is 14,927 with 3,860 deaths; the change in cases since Feb. 22 is only 2 (and 1 death)

Confirmed variants of current concern in Ontario include

- Lineage B.1.1.7 (U.K. variant) – 395 cases
- Lineage B.1.351 (South African variant) – 9 cases

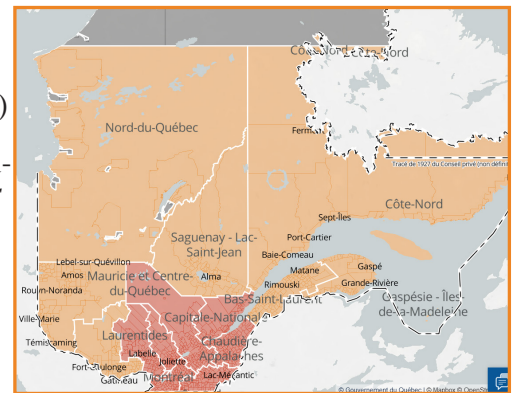


### Timiskaming Health Unit

- Since the pandemic began, there have been a total of 92 confirmed cases and there are **currently NO active infections of COVID-19 in the Timiskaming District** after the last positive case was deemed resolved Tuesday afternoon.
- Cumulative rate per 100,000 population in the region is 278 per 100,000 people
- Since the beginning of December, the number of COVID-19 cases in the health unit's coverage area has more than quadrupled, rising from 19 to 92. There have been 61 new cases since Christmas Eve, accounting for 66 per cent of the total infections since the pandemic began, all of which have been resolved.
- Note for all of North Eastern Ontario, there are currently 85 total active cases (28 in Public Health Sudbury District, 28 in North Bay Parry Sound District Health Unit, 3 in Algoma Public Health/Sault Ste Marie area, 26 in Porcupine Health Unit/Timmins area and no cases in Timiskaming Health Unit).

### Québec

- In the past 24 hours, there have been 806 new cases, bringing the total number of people infected in the province to 284,472 since the start of the pandemic (266,138 have recovered)
- The data also reports 5 new deaths in the last 24 hours, for a total of 10,346
- The number of hospitalizations decreased by 25 compared to the previous day, for a cumulative total of 655. Among these, the number of people in intensive care increased by 10 for a total of 130
- 8,807 doses of vaccine were administered yesterday, for a total of 376,910 to date and 509,325 doses have been received so far.



### Abitibi-Témiscamingue

- There have been a few hospital transfers in the last few days associated with the COVID-19 hospital in Rouyn-Noranda but all COVID-19 cases remain there for this region
- Presently 40 active cases (5 cases presently hospitalized in Rouyn-Noranda with 1 In ICU)
- The outbreak at the local school has ended and all students are back in class
- All 8 cases associated with the daycare have been contained with adequate contact tracing
- After the Christmas break, there were two variant strains identified (these variant show similar symptoms but seem to be more contagious); thus, important to maintain public health control measures
- For the 2nd dose, CISSAT will ensure they do not exceed the 90-day time span and there will be a verification notice in 2 weeks before the clinic
- All vaccines given at the recent clinic are recorded in the provincial vaccine registry and people can shortly, in a few weeks, be able to go onto the Clic Santé Québec website, start an account and download the vaccination information if needed

# COVID-19 TESTING

available every second week at the Health Centre  
call Nursing Phone 819-629-9900 to book an appointment

MARCH testing dates:

- Week of Mar 8th to 12th
- Week of Mar 22nd to 26th

Mon-Thur 8AM-4:30PM  
Fri 8AM-12PM (noon)

## Moderna Vaccine Second Dose

A second round of vaccinations will be coming into the community within 90 days of the last dose. Nursing staff will be contacting those who have already gotten their vaccine to assess any changes of health and to arrange for an appointment.

Members living within the community who missed the first round of vaccinations will be able to also get their first vaccination, however quantities will be limited and cases will be assigned according to health priorities. More information coming in next update.

Once all the vaccinations are rolled out and all the paperwork has been sent to the health ministry, members will be able to access their vaccination record online via ClicSÉQur.

### FNQLHSSC Update highlights

#### Quebec:

- Outaouais region to go from red to orange
- Easing of measures including in red zones during March Break
  - cinema openings, indoor and outdoor activities but gatherings still limited and curfews maintained (8pm - red zones; 9:30pm - orange zones). Police will monitor cabins and tourist places
- Quebec utilizing rapid testing to reduce outbreaks



# Emergency Numbers

## First Line Services:

Social Service Worker: 819-629-9878

Youth Services: 819-629-5359

Drug Strategy Coordinator: 819-629-5996

NURSING PHONE (TFN COVID Screening/Testing.): 819-629-9900

COVID Testing Ville-Marie (voice message): 1-877-644-4545

Medical Transportation	819-629-9415
Suicide prevention	1-866-277-3553
Kids help phone	1-800-668-6868
Elder Mistreatment Hotline	1-888-489-2274
SOS domestic violence	1-800-363-9010
Youth Protection Emergency Hotline	1-800-567-6405
First Nations psychosocial support	1-855-242-3310
Emergency	911
Public Health	811
TFN Police	819-723-2323

## EMERGENCY ONLY

### HOUSING

Darlene Chevrier: 819-747-2770

### PUBLIC WORKS

Corey Stanger: 819-629-5182