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# *Kidodenaminan*

TFN Newsletter

Our Community

April 6th, 2021

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Kawaskotodj gizis  
(Glittering snow moon)



## **IMPORTANT NOTICE**

### **EDUCATION**

**WHAT:** Virtual Community Meeting

**WHEN:** Thursday, April 8 at 6:00 PM

**WHY:** Information Session re Grade 7 & 8 Students  
Attending TDSS-Elementary in September 2021

**WHERE:** Zoom Call (link to be posted on the community and CHNT Facebook pages)

**WHO:** Parents/Guardians of Students at Kiwetin School (any grade level)

**General Information:** Discussions have been ongoing for some time about the possibility of having Timiskaming First Nation's Grade 7 & 8 students attend TDSS-Elementary in New Liskeard, for a number of compelling reasons, as follows:

- Gives students a chance to develop a peer network, including lasting friendships and social bonds, before starting high school in Grade 9
- Provides an opportunity to acclimatize to the size of the school and gain some confidence
- Curriculum expectations are on a Grade 7-12 continuum, so students would be better prepared when entering Grade 9
- Provides an environment where their behaviours, very normal for pre-teens, is more acceptable and not setting a poor example for the younger students in JK to Grade 6

Chief and Council have approved the intention to try this arrangement for one year and then consider whether or not to continue. We would work closely with District School Board Ontario North East to enhance cultural opportunities for all Grade 7 & 8 students at TDSS-E, and to monitor our students' progress closely over the course of the year.

**YOUR RESPECTFUL INPUT IS WELCOMED AND VALUED**

TIMISKAMING FIRST NATION

24, Algonquin Ave.  
T.F.N  
Notre Dame du Nord, QC J0Z 3B0



Tel: (819) 723-2370  
Fax: (819) 723-2799

Ni Dakinan  
13 Kateri Street  
Notre Dame Du Nord, QC J0Z 3B0

Tel: (819) 723-2291

April 1<sup>st</sup>, 2021

TFN Residents,

It has come to our attention that there are discussions about a pig farm development in the town of Notre Dame Du Nord. We have not yet received any consultation documents on the proposed project from the Ministry of Environment as the project has not been submitted for permit. At this time, we will reserve our public statement/position until further information is received.

Furthermore, we would like to state that a letter of opposition to a previous proposed Pig Farm was sent to the Ministry of Environment on August 5, 2020 and we will do our due diligence on this one as well. We will follow up with the Municipality of NDDN to make sure that our participation and position is considered in their discussions.

We hope to assure the community that we are working on the matter and will consult the community if and when it is needed.

If we have any more information, we will share it as soon as possible.

Miigwetch,

Timiskaming First Nation Chief and Council



# COMPOSTABLE MATERIALS

## MINOKAMIGEWINAN KEGONAN

### Food Waste

Mīdjim webinason



### Paper Products

Mazina' iganichiganan

Unwaxed, soiled



### Others

Kodagog



Hair



Compostable



### Green Waste

Ka nitawigag webinason



### Refused Materials

Ega odapiniga- degan kegonan



Liquids



Carcass



Cigarettes



Plastic bag and packaging, even biodegradable and/or oxobiodegradable bags



## TIMISKAMING FIRST NATION

24 Algonquin Avenue  
Notre Dame-du-Nord, QC  
J0Z 3B0



Corey Stanger  
Director of Public Works  
[pw.director@atfn.ca](mailto:pw.director@atfn.ca)

### NOTICE WASTE/ RECYCLING

**On Tuesday April 6<sup>th</sup> 2021, public works will pick up both recycling and garbage.**

Normal calendar schedule pick-up will resume on April 13<sup>th</sup> with garbage only pick up. We are taking this measure to assist the community with the transition to less waste collection (Black bin).

We understand that incorporating compost into the waste management schedule is difficult.

However, the goal is to reduce the amount of household waste in the black bins and as a First Nation community, environmental protection must be a priority.

You will notice that the amount of waste collection increases during the warmer summer months, but priority is still given to the recycling and compost collection. This is the normal collection cycle for communities with waste/ recycling and compost collection.

Please refer to the calendar for a brief list of compostable materials. A description of compostable materials is also on each compost bin.



# COMPOSTABLE MATERIALS • MINOKAMIGEWINAN KEGONAN

## Food Waste • Midjim webinason



## Green Waste Ka nitawigag webinason



## Paper Products • Mazina'iganichiganan

Unwaxed, soiled



## Others • Kodagog



Compostable

## Refused materials • Ega odapinigadegan kegonan



Plastic bag and packaging, even biodegradable and/or oxobiodegradable bags



# RECYCLABLE MATERIALS KIWE ODAPINIGADEGAN KEGONAN

## Paper and cardboard Mazina'iganish ashidi mazina'iganimakakon



## Metal Piwabik



## Plastic Wenaginiganan



## Glass Omodayabik



**REMINDER:** Beer and soft drink containers made of aluminum, plastic or glass can be refundable.

Stretchy bags and packaging

Make a bag of bags.



# GARBAGE WEBINIGANAN

## Plastic • Wenaginiganan



Without number or rigid plastic

## Others • Kodagog



## Paper and cardboard

Mazina'iganish ashidi mazina'iganimakakon



Waxed, metallic, carbon or plastified paper and cardboard.

# 2020-2021 COLLECTION CALENDAR

| AUGUST 2020 |    | SEPTEMBER 2020 |    |    |    |    |    |
|-------------|----|----------------|----|----|----|----|----|
| S           | M  | T              | F  | S  | M  | T  | F  |
|             |    |                | 1  | 1  | 2  | 3  | 4  |
| 2           | 3  | 4              | 5  | 6  | 7  | 8  | 9  |
| 10          | 11 | 12             | 13 | 14 | 15 | 16 | 17 |
| 18          | 19 | 20             | 21 | 22 | 23 | 24 | 25 |
| 26          | 27 | 28             | 29 | 30 | 31 |    |    |

| OCTOBER 2020 |    | NOVEMBER 2020 |    |    |    |    |    |
|--------------|----|---------------|----|----|----|----|----|
| S            | M  | T             | F  | S  | M  | T  | F  |
| 1            | 2  | 3             |    | 1  | 2  | 3  | 4  |
| 5            | 6  | 7             | 8  | 9  | 10 | 11 | 12 |
| 13           | 14 | 15            | 16 | 17 | 18 | 19 | 20 |
| 21           | 22 | 23            | 24 | 25 | 26 | 27 | 28 |
| 29           | 30 | 31            |    |    |    |    |    |

| DECEMBER 2020 |    | JANUARY 2021 |    |    |    |    |    |
|---------------|----|--------------|----|----|----|----|----|
| S             | M  | T            | F  | S  | M  | T  | F  |
| 1             | 2  | 3            | 4  | 3  | 4  | 5  | 6  |
| 7             | 8  | 9            | 10 | 11 | 12 | 13 | 14 |
| 15            | 16 | 17           | 18 | 19 | 20 | 21 | 22 |
| 23            | 24 | 25           | 26 | 27 | 28 | 29 | 30 |
| 31            |    |              |    | 31 |    |    |    |

| FEBRUARY 2021 |    | MARCH 2021 |    |    |    |    |    |
|---------------|----|------------|----|----|----|----|----|
| S             | M  | T          | F  | S  | M  | T  | F  |
| 1             | 2  | 3          | 4  | 1  | 2  | 3  | 4  |
| 5             | 6  | 7          | 8  | 5  | 6  | 7  | 8  |
| 9             | 10 | 11         | 12 | 9  | 10 | 11 | 12 |
| 13            | 14 | 15         | 16 | 13 | 14 | 15 | 16 |
| 17            | 18 | 19         | 20 | 17 | 18 | 19 | 20 |
| 21            | 22 | 23         | 24 | 21 | 22 | 23 | 24 |
| 25            | 26 | 27         | 28 | 25 | 26 | 27 | 28 |
| 29            | 30 | 31         |    | 29 | 30 | 31 |    |

| APRIL 2021 |    | MAY 2021 |    |    |    |    |    |
|------------|----|----------|----|----|----|----|----|
| S          | M  | T        | F  | S  | M  | T  | F  |
| 1          | 2  | 3        |    | 1  | 2  | 3  | 4  |
| 5          | 6  | 7        | 8  | 5  | 6  | 7  | 8  |
| 9          | 10 | 11       | 12 | 9  | 10 | 11 | 12 |
| 13         | 14 | 15       | 16 | 13 | 14 | 15 | 16 |
| 17         | 18 | 19       | 20 | 17 | 18 | 19 | 20 |
| 21         | 22 | 23       | 24 | 21 | 22 | 23 | 24 |
| 25         | 26 | 27       | 28 | 25 | 26 | 27 | 28 |
| 29         | 30 | 31       |    | 29 | 30 | 31 |    |

| JUNE 2021 |    | JULY 2021 |    |    |    |    |    |
|-----------|----|-----------|----|----|----|----|----|
| S         | M  | T         | F  | S  | M  | T  | F  |
| 1         | 2  | 3         | 4  | 1  | 2  | 3  | 4  |
| 5         | 6  | 7         | 8  | 5  | 6  | 7  | 8  |
| 9         | 10 | 11        | 12 | 9  | 10 | 11 | 12 |
| 13        | 14 | 15        | 16 | 13 | 14 | 15 | 16 |
| 17        | 18 | 19        | 20 | 17 | 18 | 19 | 20 |
| 21        | 22 | 23        | 24 | 21 | 22 | 23 | 24 |
| 25        | 26 | 27        | 28 | 25 | 26 | 27 | 28 |
| 29        | 30 | 31        |    | 29 | 30 | 31 |    |



GREEN BIN :  
COMPOST

BLUE BIN :  
RECYCLING

BLACK BIN :  
NON-RECOVERABLE  
WASTE (GARBAGE)



## INCOME ASSISTANCE

### SPRING CLOTHING ALLOWANCE!

Income assistance clients can submit their receipts for the annual spring clothing allowance! \$200 per client or dependent

You can submit them at the drop box in front of the band office or make an appointment with Sharon Baker at 819-723-2335.



**Deadline is May 31, 2021!**

## NEWS IN EDUCATION

### **A Message from your EPP Coordinator:**

Kwey Gakina/ Hello Everyone,  
I hope everyone is doing well. That said, I wanted to announce a quick update regarding the Incentive Awards for our students. I know I had mentioned that the awards would be available for pick-up at the Band Office beginning March 31. However, to limit traffic at the office the Incentive Awards will be mailed out instead. I apologize to our students for the inconvenience but the safety of our community members, students and staff is paramount. If you have any questions, please feel free to email at [epp.coordinator@aftn.ca](mailto:epp.coordinator@aftn.ca) or call me at 819-723-2335.

Shane Polson  
EPP Coordinator

## Timiskaming First Nation Police



### GRASS FIRES & YOU

A reminder that grass fires can be very dangerous for the population and cause damage to property. Persons setting fires will be responsible for any damages and cost from the firefighters.

### What benefits result from Indian status and membership in a band?

People who have Indian status and are members of a band with a list maintained by the Department (band subject to section 11) are entitled to certain benefits.

#### THE MAIN BENEFITS

| Person with Indian status   | People who are members of a band           |
|---|--|
| Exemption from certain federal and provincial sales taxes   | Right to reside on the reserve             |
| Exemption from tax on income earned from work on the reserve  | Right to housing                           |
| Immunity from seizure of real and personal property on the reserve by external agencies   | Right to take part in community activities |
| Post-secondary education<br><i>(the post-secondary education payments are managed in keeping with the provisions established by the region or the band)</i>                 | Right to vote (see <i>Corbière</i> )       |
| Non-insured health benefits<br><i>(Health Canada administers the Non-Insured Health Benefits Program through a provincial health insurance plan, including dental care)</i> |  |
| Special immigration services for settling in the United States (document proving that they are of 50% Indian blood)   |  |
| Treaty payments (where applicable)  |  |





Thank you so much for helping us celebrate our special day. It means so much to have friends and family who were able to attend. Due to uncontrollable circumstances, we were only able to have a certain amount of guests. We acknowledge all your heartfelt thoughts and best wishes. With much appreciation. God Bless!

*Ron and Karen  
March 6, 2021  
Temiskaming Church  
Haileybury, ON*

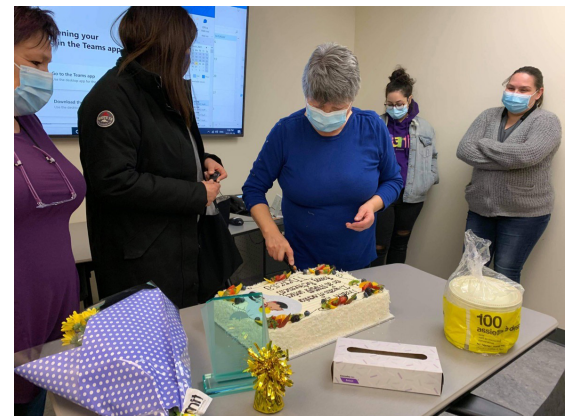


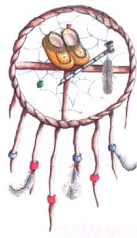
## HAPPY RETIREMENT THERESA

Theresa Wabie retired from the Health and Wellness Centre this month after 27 years of helping see community members through difficult times as an addiction counsellor. She has helped others through their pain and connected them to seek help. Throughout the years, people have felt better because Theresa knew they were hurting and reached out to them and understood how they feel.

Just talking to Theresa in the hallways, you had a sense of her empathy. She has a gift for selflessly putting herself in the other person's shoes and that presence will be missed. The support she has given to individuals over the years was evident in the responses people shared about the news of her retirement.

During this time, when we are all struggling with our fears and vulnerabilities with the isolation and loneliness of the pandemic, we need more people like Theresa to open up to knowing there is a person there that cares and acknowledges our difficulties. We extend our gratitude and our hearts to Theresa and her family whom now get to have more of this connection with this understanding person, this loving person, this warrior.





## **Anishnabe Long-Term Care Centre**

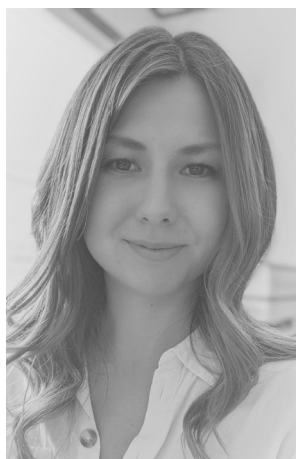
26 Algonquin Avenue

Timiskaming First Nation • Notre Dame du Nord (QC) • J0Z 3B0

Tel: (819) 723-2225 • Fax: (819) 723-2112

### **BOARD OF DIRECTORS**

#### **COMMUNITY NOTICE**



The Anishnabe Long-Term Care Centre Board of Directors has hired Jessie Bond as full time Operations Manager. Jessie will be managing our daily operations going forward, starting on April 7, 2021. Her hiring is at an exciting time for the ALTCC, our services are in high demand and restructuring is complete.

Jessie Bond is Innu/Anishinabe from Wolf Lake First Nation, and has experience working in various First Nation communities. She has held various roles such as a casual community health nurse at Kebaowek First Nation, travelling nurse and team-lead for the Victorian Order of Nurses where she provided care in the communities of Dokis and Nippissing, and in more recent years at Mahingan Sagahigan Health & Wellness Centre where she worked as a manager. Jessie also has experience working in long-term care facilities both as Personal Support Worker and Registered Nurse in Gatineau and Temiscaming, Qc. Jessie is currently finishing the First Nation Health Manager Certification with First Nations Health Managers Association and will be certified in July 2021. She is also working to complete a Certificate in Public Administration and Governance with McGill University for June 2022.

The ALTCC Board of Directors is thrilled to welcome Jessie, with her many years of experience, along with her passion for Indigenous health, to manage our facility. Our dynamic team of PSWs, RPNs, kitchen and maintenance staff are all looking forward to Jessie's arrival.

We would like to take this time to thank Lina McKenzie and Norma Hughes for filling in during this transition, and preparing for our new Operations Manager.

Chee Meegwetch!

Donna McBride, President

# COMING SOON

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Clinique L.A.R.  
**LOÏC ALLENBACH-BELLEHUMEUR, hearing aid practitioner**

**TEMISKAMING FIRST NATION**



**FROM 9:00am TO 11:30am**

**You can have an appointment with your hearing aid Practitioner for :**

- **Cleaning your hearing aid**
- **Advice**
- **Adjustments**
- **Hearing test, etc.**

If you would like to make an appointment please call 819-723-2260.

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## NOTICE

**Dr. Kimi Valet & Dr. Nadine Duchesneau**

Patients of these two family physicians who need an appointment. Please call the Health Centre to get put on the list for their next scheduled visit. 819-723-2260

Thank You  
Nursing Station



15 HEALTH

# BENEFITS OF WALKING

EVERY DAY

- 1 INCREASE YOUR LIFESPAN
- 2 MANAGE YOUR WEIGHT
- 3 BURNS FAT
- 4 HELPS OVERWEIGHT PEOPLE GET INTO SHAPE
- 5 REDUCES STRESS
- 6 REDUCES DEMENTIA
- 7 EASY ON THE JOINTS
- 8 LOWERS BLOOD PRESSURE
- 9 STRENGTHENS YOUR HEART
- 10 STRENGTHENS YOUR BONES AND REDUCES YOUR RISK OF OSTEOPOROSIS
- 11 REDUCES DEPRESSION AND IMPROVES YOUR MOOD
- 12 BOOSTS YOUR MEMORY
- 13 IMPROVES YOUR SLEEP
- 14 TONES UP YOUR LEGS, BUTT, AND STOMACH
- 15 BOOSTS YOUR VITAMIN D



WWW.ENDURANCELY.COM



## Nobody's Perfect



**Nobody's Perfect** is a parenting program offered in communities by facilitators to help support parents and young children.



Public Health  
Agency of Canada

Agence de la santé  
publique du Canada

Canada

For more information about **Nobody's Perfect** sessions in your community, contact:

Bonnie on FB messenger

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### A SPRINGTIME SAFETY MESSAGE FOR PARENTS FROM TFN POLICE

Spring is here and the snow and ice are starting to melt. Please keep children away from anywhere there is open water and/or ice. One must also be careful around areas that are prone to spring flooding. Stay safe and dry.





# April 2021 Youth Calendar



| Sunday                  | Monday                       | Tuesday                 | Wednesday                    | Thursday                       | Friday   | Saturday                             |
|-------------------------|------------------------------|-------------------------|------------------------------|--------------------------------|--|--------------------------------------|
|                         |                              |                         |                              | 1<br>Gym Night<br>5:30-7:30pm  | 2<br>Good Friday<br>CLOSED                     | 3<br>Gym Night<br>5:30-7:30pm        |
| 4                       | 5<br>Easter Monday<br>CLOSED | 6                       | 7<br>Bead Group<br>6-7:30pm  | 8<br>Gym Night<br>5:30-7:30pm  | 9<br>Goose Hunt<br>Information<br>Dinner 4-5pm | 10<br>Goose Hunt<br>5am<br>Gym Night |
| 11<br>Goose Hunt<br>5am | 12<br>Book Club<br>5:30pm    | 13<br>Fire Night<br>7pm | 14<br>Bead Group<br>6-7:30pm | 15<br>Gym Night<br>5:30-7:30pm | 16   | 17<br>Gym Night<br>5:30-7:30pm       |
| 18                      | 19<br>Art Club<br>5:30pm     | 20<br>Fire Night<br>7pm | 21<br>Bead Group<br>6-7:30pm | 22<br>Gym Night<br>5:30-7:30pm | 23   | 24<br>Gym Night<br>5:30-7:30pm       |
| 25                      | 26<br>Book Club<br>5:30pm    | 27<br>Fire Night<br>7pm | 28<br>Bead Group<br>6-7:30pm | 29<br>Gym Night<br>5:30-7:30pm | 30   |                                      |
|                         |                              |                         |                              |                                |  |                                      |

Have a Happy Easter!

Note: Running Club starting in May!

All activities are online until further notice. Not incl. gym night, fire night, and goose hunt.

# Elder support

Community members have the opportunity to meet with an elder (virtually) who can listen, guide and share teachings .

To sign up please call the First Line Services social support line 819-629-9878



Mon, March 29, 2021

Anishnabe Long Term Care Center  
**FIND THE JOKER (win the painting)**

Hand Painted by  
**Wayne McKenzie**



Painting measures  
20" x 14"

**\$10/ card**  
**(Find The Joker)**

To purchase a card please call (819) 723-2225

All The proceeds are to benefit the residents activity funds

Anishnabe Long Term Care Center



**\$2 for 3 Tickets**

Draw will be held on Friday, June 18, 2021

SUMMER Fundraising BBQ

Friday, June 18th,

Starting at 12 Pm

(more details to follow)



For more info contact Karin at 819-723-2225 ext 0

All the proceeds will benefit the residents activity funds.



ZOOM SESSION



# Kids Cooking

**SUNDAY APRIL 25th @ 11AM**

Parents will be given zoom link the day of the workshop. Deadline to register April 22.

For more info contact: Bonnie on Messenger



**FAMILY MATH  
FOR CHILDREN  
4-6 YEARS OLD**

Where: Zoom, until we can gather in small groups

Beginning Thursday  
April 15th - May 13th  
5:15pm - 7pm

Fun activities and games reinforce skills and develop math concepts.

**FREE PIZZA**  
supper at the 5th session for all participants. Must attend all 5 weeks.



Contact Janice Wabie to register.

## Community Sweat Lodge



Elder Philip Sr. Gliddy will be offering family sweats for the community (date to be determined)

Please call the Health Center to sign up  
819-723-2260



## Garden start up info session with Aidie Creek Gardens



**Sunday April 11th at 11 a.m.**

Zoom link will be posted online before event

Participants who attend will receive a garden start up kit!





# April is Oral Health Month



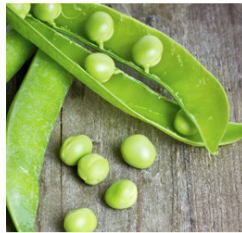
## Tooth Tips

These tips will help you have healthy, happy teeth. Feel free to share them with your friends and family. Their teeth will thank you.



### A Cheesy Way to Fight Cavities

Eating hard cheese after meals or as a snack can help prevent tooth decay. Cheese protects your teeth from bacteria and has calcium that helps to rebuild your teeth!



### Less Toothpaste, Peas!

Try not to put too much toothpaste on your toothbrush. Instead, use an amount smaller than the size of a pea.



DENTAL HYGIENE CANADA

[Find a Dental Hygienist](#) [Your Oral Health](#) [Preventive Oral Care](#) [Substance Use](#) [Seniors](#) [Kids](#) [News](#)

## Brushin' to the Beats



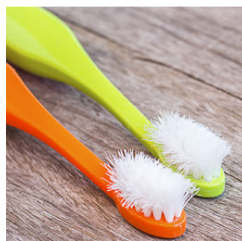
Tooth Tips Fun Stuff!

Your Child's First Teeth Your Child's First Visit [Brushing Your Child's Teeth](#)  
**minutes 2 times a day** to do a good job. That's about the length of a song on the radio. Try it out...but avoid the classical station!



### Fluoride is a Hero

The most important ingredient in toothpaste is fluoride. Good thing most popular toothpastes have it!



### This Old Brush

When your toothbrush bristles begin to spread, it's time to get a new one. An old toothbrush won't clean your teeth and gum line very well.

### Sugar Reduction:

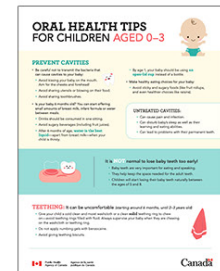


Treat tip sheet



Sugar Bug colouring sheet

### Public Health Agency of Canada:



Oral health tips for kids 0-3 (link)





# 9 HELPFUL PARENTING TIPS

There are 9 helpful tips when it comes to parenting. I will include one in every newsletter until we get to 9. They will also be posted in the TFN Parents Group on FB. Message me if you'd like to be added to the group.

Meegwetch  
Janice Wabie

## 5. Be a Good Role Model

Young kids learn a lot about how to act by watching their parents. The younger they are, the more cues they take from you. Before you lash out or blow your top in front of your child, think about this: Is that how you want your child to behave when angry? Be aware that you're constantly being watched by your kids. Studies have shown that children who hit usually have a role model for aggression at home.

Model the traits you wish to see in your kids: respect, friendliness, honesty, kindness, tolerance. Exhibit unselfish behavior. Do things for other people without expecting a reward. Express thanks and offer compliments. Above all, treat your kids the way you expect other people to treat you.

## 4. Make Time for Your Kids

It's often difficult for parents and kids to get together for a family meal, let alone spend quality time together. But there is probably nothing kids would like more. Get up 10 minutes earlier in the morning so you can eat breakfast with your child or leave the dishes in the sink and take a walk after dinner. Kids who aren't getting the attention they want from their parents often act out or misbehave because they're sure to be noticed that way.

Many parents find it rewarding to schedule together time with their kids. Create a "special night" each week to be together and let your kids help decide how to spend the time. Look for other ways to connect — put a note or something special in your kid's lunchbox.

Adolescents seem to need less undivided attention from their parents than younger kids. Because there are fewer windows of opportunity for parents and teens to get together, parents should do their best to be available when their teen does express a desire to talk or participate in family activities. Attending concerts, games, and other events with your teen communicates caring and lets you get to know more about your child and his or her friends in important ways.

Don't feel guilty if you're a working parent. It is the many little things you do — making popcorn, playing cards, window shopping — that kids will remember.



# 2020 Income Tax Returns

## NOTICE

### TO TFN COMMUNITY MEMBERS

AN-HSRD is part of the Tax Assistance Volunteer Program.

The purpose of this program is to provide assistance to TFN community members who are unable to complete their tax returns on their own and who cannot for financial reasons access the services of a professional.

#### SERVICES PROVIDED

TO 'TFN COMMUNITY MEMBERS ONLY' AT NO COST

\*\* ASK ABOUT PRIOR YEAR(S) TAX RETURNS \*\*

Before we can begin the process of completing your tax return, you are required to complete an Information Sheet which can be picked up at our office at 6B Kateri Street.

Office Hours - Monday to Thursday from 8am to 5:15pm

Please note that we cannot file taxes for deceased individuals or those who have declared bankruptcy.



For further information or to book at appointment, please contact Brent Reid at 819-723-5333 ext 223 or [breid@anhrsd.ca](mailto:breid@anhrsd.ca)



# Algonquin Nation Programs and Services Secretariat

23 Algonquin Avenue  
Timiskaming Reserve  
Notre Dame du Nord, QC J0Z 3B0



Tel: 819-723-2019  
Fax: 819-723-2345  
Email: [anpss@algonquinnation.ca](mailto:anpss@algonquinnation.ca)

## NOTICE

Community members the Algonquin Nation Programs & Services Secretariat will be hosting a Capacity Building Workshop

### List of the Capacity Building training

| Training  | Date             | Limit           |
|---|------------------|-----------------|
| Proposal Writing  | April 6, 7, 2021 | 10 participants |
| Ethics  | April 12, 2021   | 10 participants |
| Ethics  | April 19, 2021   | 10 Participants |
| Organizational Behavior and Capacity Building Development | April 14, 2021   | 10 participants |
| Organizational Behavior and Capacity Building Development | April 26, 2021   | 10 participants |

To register: Call Annie Presseault at 819-723-2019 or  
Email: [finance@algonquinnation.ca](mailto:finance@algonquinnation.ca)



## CALL FOR TENDERS

### ARTWORK

#### Recognition

Ni manàdjiyànànig Màmìwininì Anishinàbeg, ogo kà nàgadawàbandadjig iyo aki eko weshkad. Ako nongom ega wìkàd kì mìgiwewàdj.

The University of Ottawa wishes to honour and show respect to the Algonquin-Anishinabé people, who are the traditional guardians of this land. We acknowledge their long-standing relationship since time immemorial with this sacred unceded territory.

#### Context

The Kinistòtadin committee of the University of Ottawa's School of Social Work is seeking an artist from an Algonquin-Anishinabé community to produce a work of art as part of the decolonization efforts for the School of Social Work.

#### Description of the artwork project

The committee recognizes the very important need to integrate Algonquin-Anishinabé culture into the daily environment of the School of Social Work. The intention is to put on display Algonquin-Anishinabé work of art, on the 12th floor of the Faculty of Social Sciences, in order to nurture a meaningful relationship, founded on respect, cooperation/collaboration and shared understanding between Algonquin-Anishinabé and the University of Ottawa School of Social Work.

With this in mind, the goal is to seek an experienced or emerging artist from an Algonquin-Anishinabé community to create a work of art that links Algonquin-Anishinabé culture to the central theme of the committee.

The committee encourages artists from all fields of art to participate in this project (sculpture, painting, beading, embroidery, etc.).

In addition, the artist is invited to incorporate several elements of Algonquin-Anishinabé culture into the work of art (values, concepts, stories, teachings, etc.).



## Project criteria

The committee is looking for an Algonquin-Anishinabé artist recognized as a member of one of the following Algonquin-Anishinabé communities.

- Pikogan – Abitibiwini First Nation
- Kebaowek First Nation
- Anicinape de Kitcisakik
- Kitigan Zibi Anishinabeg
- Long Point First Nation - Winneway
- Timiskaming First Nation
- Wolf Lake First Nation
- Algonquins of Barriere Lake

### Budget

- The committee has a budget of \$ 3000 for the purchase of an artwork.

The central theme of the committee to be incorporated into the artwork is the concept found in the name of the committee which is:

- Kinistòtadinin: We understand each other

### Submission of an artwork idea

- Artists can submit their artwork idea to: Annie Mercier [annie.mercier@uottawa.ca](mailto:annie.mercier@uottawa.ca)

### Your submission must include

- A short description (100 words maximum) and sketch of the proposed work;
- Optional: portfolio of previously created works.

### Deadline for submitting an idea

- The artwork idea must be submitted to Annie Mercier **before April 15, 2021.**
- Interested artists should submit their artistic sketch to: [annie.mercier@uottawa.ca](mailto:annie.mercier@uottawa.ca)

### Timeline for the creation of the artwork

- The artist chosen for this project will have **until August 15, 2021, to complete and present their artwork.**

### Selection Process

- The committee is not required to accept any one of the projects presented;
- A maximum of 3 finalists will be selected and will be required to meet with members of the committee via Zoom in order to provide a brief presentation of their proposed work of art;
- The actual method of meeting will be determined with the artists at the time of their selection (ZOOM, MS Teams, etc.)
- A final selection will be made following the presentations. The selected artist will be informed via email and by telephone.



**AGNICO EAGLE**

## CALL FOR PROPOSALS

### Indigenous artists

Abitibi-Témiscamingue, March 26, 2021

Beyond being a means of expression, art allows to share and disseminate the richness and values of different cultures. Thus, to raise awareness and promote the cultural heritage of the Algonquin communities of Abitibi-Témiscamingue among its employees, Agnico Eagle wishes to showcase creations of local indigenous artists in its various workplaces in Quebec and Ontario, where more than 3 000 people pass through every day.

We therefore are calling for artwork proposals from **indigenous emerging and professional artists**.

#### The call for proposals consists of four steps :

- ▶ **STEP 1 :** Call to artists and submission of entry forms
- ▶ **STEP 2 :** Final selection of sketches/artwork
- ▶ **STEP 3 :** Contracts for the acquisition of the artworks
- ▶ **STEP 4 :** Creation/delivery of the artwork and promotion

**Interested artists must complete and return their application by May 3, 2021 at midnight.**

A selection committee will choose the artworks by June 1<sup>st</sup>, 2021 and the selected artists must be able to deliver their final artwork by September 30<sup>th</sup>, 2021.



#### YOUR SUBMISSION MUST INCLUDE :

- The completed entry form  
( available at [www.abitibi.agnicoeagle.com](http://www.abitibi.agnicoeagle.com) )
- A picture or sketch of the proposed artwork





# My Records, My Choice

The Indian Residential Schools Settlement Agreement lets claimants preserve their IAP or ADR records at the National Centre for Truth and Reconciliation (NCTR).

## INDIAN RESIDENTIAL SCHOOL CLAIMANTS MAY CHOOSE TO SHARE THEIR RECORDS OR KEEP THEM CONFIDENTIAL

If you made a claim in the Indian Residential Schools Independent Assessment Process (IAP) or Alternate Dispute Resolution Process (ADR), you have choices:

- Do nothing: your records will remain confidential and then will be destroyed on September 19, 2027
- Get a copy for yourself to keep or share with others
- Preserve your records at the NCTR for history, education and research
- Get a copy for yourself *and also* preserve your records at the NCTR for history, education and research

**THE CHOICE IS YOURS  
AND YOURS ALONE**

**TO LEARN MORE ABOUT YOUR CHOICES,  
CONTACT:**

**IAP INFORMATION**

**Phone:** 1-877-635-2648 (toll free)  
**Email:** MyRecordsMyChoice@irsad-sapi.gc.ca  
**Online:** [www.MyRecordsMyChoice.ca](http://www.MyRecordsMyChoice.ca)

**ASSEMBLY OF FIRST NATIONS**

**Phone:** 1-833-212-2688 (toll free)  
**Email:** [iapdesk@afn.ca](mailto:iapdesk@afn.ca)  
**Online:** [www.afn.ca](http://www.afn.ca)

**INUIT REPRESENTATIVES**

**Contact for the Inuvialuit:**  
**Phone:** 1-867-777-7018  
**Email:** [ggruben@inuvialuit.com](mailto:ggruben@inuvialuit.com)  
**Online:** <http://www.irc.inuvialuit.com/>

**Contact for Makivik:**

**Phone:** 1-800-369-7052  
**Electronic communications can be submitted at:**  
<http://www.makivik.org/contact/>  
**Online:** <http://www.makivik.org>

**To learn more about the National Centre for Truth and Reconciliation (NCTR), contact:**

**Phone:** 1-855-415-4534 (toll free)  
**Email:** [NCTRrecords@umanitoba.ca](mailto:NCTRrecords@umanitoba.ca)  
**Online:** [www.NCTR.ca](http://www.NCTR.ca)

If you are feeling pain or distress because of your residential school experiences please call the free 24-hour crisis line:

**Residential Schools Crisis Line: 1-866-925-4419**





## FEDERAL INDIAN DAY SCHOOL CLASS ACTION



There is a nation-wide settlement to compensate  
Survivors of **Federal Indian Day Schools**  
and **Federal Day Schools**

If you attended one of these schools, you've  
waited a long time for this moment.

This may be an important step in your healing journey.

Find out if you are eligible for compensation and how you can make a claim.

Go to **IndianDaySchools.com** or call us at **1.888.221.2898**

Need to Talk? Contact the Hope for Wellness Hotline: 1.855.242.3310

**INDIAN DAY SCHOOLS CLASS ACTION SETTLEMENT**

**CLAIMS DUE BY: JULY 13, 2022**

\*FYI: it's taking up to 6 months to process a claim and in some cases up to a year. If you need help filling out the application form please feel free to contact Laura at the Health & Wellness Centre @ 819-723-2260.

# EMPLOYMENT OPPORTUNITIES



If you are interested in any of these opportunities, you can download the full job description at our website:

[www.atfn.ca](http://www.atfn.ca)

## **General Director**

Supervisor: Timiskaming First Nation Chief and Council

Salary: \$ 54,255. To \$ 81,373. Annual (based on qualifications and experience)

Deadline for application: Friday, April 9, 2021 at 12 pm

Possible date of interview: Week of April 12, 2021

Tentative start date: As soon as possible

For more information or if you would like a physical copy of any of the job descriptions, please contact:

Timiskaming First Nation  
Attention: Nancy McBride  
24 Algonquin Avenue (TFN)  
Notre-Dame du Nord, J0Z 3B0  
Or Email to: [Human.Resources@atfn.ca](mailto:Human.Resources@atfn.ca)

# Emergency Numbers

## First Line Services:

Social Service Worker: 819-629-9878

Youth Services: 819-629-5359

Drug Strategy Coordinator: 819-629-5996

NURSING PHONE (TFN COVID Screening/Testing): 819-629-9900

COVID Testing Ville-Marie (voice message): 1-833-525-5858

|                                    |                |
|------------------------------------|----------------|
| Medical Transportation             | 819-629-9415   |
| Suicide prevention                 | 1-866-277-3553 |
| Kids help phone                    | 1-800-668-6868 |
| Elder Mistreatment Hotline         | 1-888-489-2287 |
| SOS domestic violence              | 1-800-363-9010 |
| Youth Protection Emergency Hotline | 1-800-567-6405 |
| First Nations psychosocial support | 1-855-242-3310 |
| Emergency                          | 911            |
| Public Health                      | 811            |
| TFN Police                         | 819-723-2323   |

## EMERGENCY ONLY

### HOUSING

Darlene Chevrier: 819-747-2770

### PUBLIC WORKS






Corey Stanger: 819-629-5182





# Kawaskotodj gîzis

## 2021

| SUN   | MON              | TUES  | WED | THURS   | FRI | SAT |
|---|------------------|---|-----|---|-----|-----|
| <b>COVID-19 TESTING at Health Centre</b><br>call Nursing Phone 819-629-9900 to book an appointment<br>Hours: 8am-4:30pm Mon-Thurs<br>8am-12pm Fri |                  |   |     | 1<br>Newsletter<br>Deadline                       | 2   | 3   |
| 4   | 5<br>Newsletter  | 6<br>Recycle <br>Garbage  | 7   | 8<br>Biggest<br>Loser 1st<br>Weigh-in<br>Deadline | 9   | 10  |
| 11  | 12               | 13<br>Garbage    | 14  | 15<br>Newsletter<br>Deadline                      | 16  | 17  |
| 18  | 19<br>Newsletter | 20<br>Recycle    | 21  | 22  | 23  | 24  |
| 25  | 26               | 27<br>Compost    | 28  | 29<br>Newsletter<br>Deadline                      | 30  |     |

### TFN ECO CENTRE

Hours of Operation

*Closed during lunch from 12:15—1 p.m.*

Monday—

CLOSED

Tuesday—

8 a.m.—5:00 p.m.

Wednesday—

8 a.m.—5:00 p.m.

Thursday—

8 a.m.—5:00 p.m.

Friday—

8 a.m.—1:00 p.m.

Saturday—

9 a.m.—3:00 p.m.

Sunday—

CLOSED

\*Eco centre Attendant does not have access to the eco centre outside of operating hours.

Should you require further information please contact

Corey Stanger at (819) 723 -2335.